



*News for the week of
May 22 - 26*

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Important Dates

<u>5th Grade Continuation Ceremony</u>	Thursday,	May 25 ~ 11:00 am - 12:00 pm (OES gym)
<u>Last Day of School</u>	Friday,	May 26 ~ 12:05 pm EARLY RELEASE No lunch service
<u>Kona Ice</u>	Friday,	May 26 ~ 12:05 - 12:45 pm

**We hope everyone has a wonderful and relaxing summer!
Congratulations to all our 5th grade Dragons, do great things in
Middle School
We are proud of all our students!!!**

Director:

Mrs. Rebecca Thompson

Dean of Students: Mrs. Nicole Blanc

There is just one week left in our 2022-2023 school year and it will be a delight for all.

This year has been another year full of sunshine!

Make some memories with your Dragon this summer and we'll look forward to hearing all about it in the fall. :)



5th Grade Parents

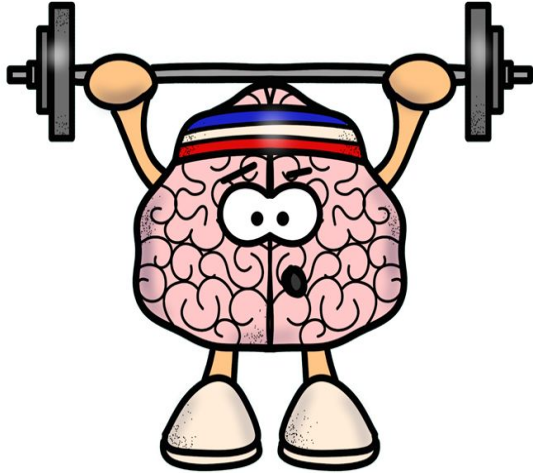
Your children and I spent some quality time together today as I supported them in preparation for middle school. We discussed the use of *accommodations* and learning to *self-advocate* in the appropriate manner. We talked about Dyslexia, Dysgraphia and Dyscalculia and they were so insightful! I believe they are ready to "Take Flight"! We can't wait to see you all at our 5th grade **Continuation Ceremony** on May 25th at 11:00 am in the OES Gym.

We are all blessed to be on this sunny journey together and we couldn't be more thankful for your support! Have a wonderful summer and we'll see all of our **ALLIES Dragons** back in the fall!

In July: Watch your email for information about the upcoming year.
Family Orientation Day: Wednesday, August 2nd, 2023 [details to come]

Growth Mindset

The **BRAIN** is like a Muscle



Your brain gets **STRONGER** when you embrace challenges!

How can you keep your brain growing over the summer?

Keep reading!

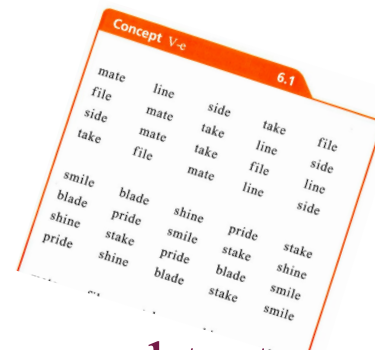
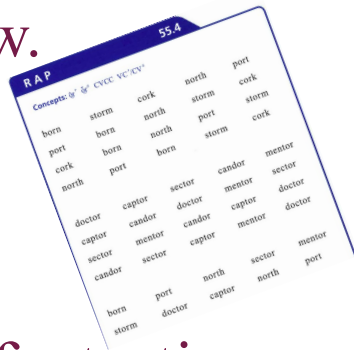
Be curious!

Try something new!

Take Flight Therapists:

Mrs. Ash-Hocking, Mrs. Bergland, Ms. Hinote,
Mrs. Lee, Mrs. McCluggage, Mrs. Scroggins

Please be aware that over summer break, a typical student can regress two months of learning, but for dyslexic students the estimation is four months. It is so important for your child's growth that you practice reading every day this summer. Old RATE and RAP pages are great for review.



Thank you for a fantastic year and we look forward to the next!

ELA Professors:
Mrs. Jordan and Ms. Kennedy



Congratulations 5th
Graders! We wish you the
best in your next adventure!
Everyone - keep reading!



Let's keep
READING

Math Professors:
Mrs. Brydges and Mrs. Drake

Have an amazing summer!

5th Graders, GOOD LUCK
in middle school.

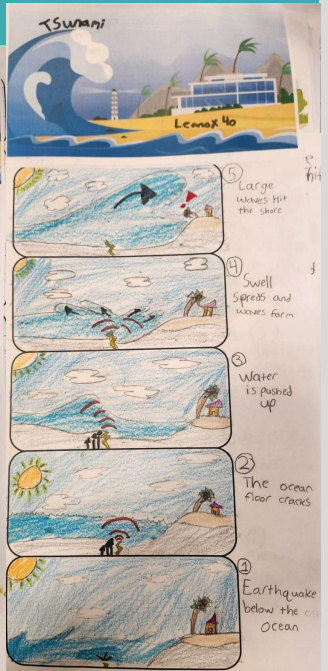
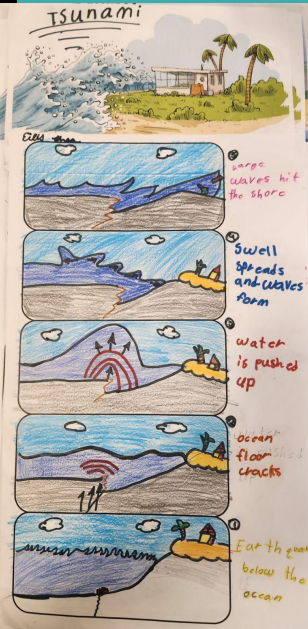


TSUNAMI

Innovation Lab Professor: Mrs. Wold



Models & Diagrams



Discoveries Professor:

Mrs. Rymer

HAPPY SUMMER 2023!

Dear ALLIES families,
A bit of news: I have accepted a new opportunity with the Center for Character and Leadership Development at the USAFA. While I am looking forward to new adventures, it is also difficult to leave such a wonderful staff and school. I have loved teaching at ALLIES for the past 5 years and leave with so many great memories of music concerts, art shows, and field days. I am so grateful.

With much love, Mrs Rymer



**ALLIES students and families are
AMAZING! Have a wonderful summer!**

Special Education Professor:

Mrs. Scott

Mrs. Conquest

The Sun will rise and set regardless.
What we choose to do with
the light while it's here is up to us.

Journey wisely.

Alexandra Elle

*It's been an amazing journey here, alongside our Dragons, to see them
grow, spread their wings, and take off.*

What a wonderful journey this school year has been.

Thank you for your continued support.

SOL

PHOTO BY SARAH OF COURTESY OF
Photo by sarah_photos_

Blended Learning Lab Coach
Mrs. Cunningham

Did you know???

Students can work on ST Math and Lexia at home to make sure they meet their GOALS.
Dive in and make it fun



**Education
Paraprofessionals:**

Mrs. Chavez
Mrs. Pitts
Mrs. Duncan

Administrative Secretary:

Mrs. Sandi Esparsen

Attendance Phone: 719-494-8850 Email: sesparsen@d49.org



Have a great and relaxing summer!!

**Watch Friday Folders
for the Summer
Reading Challenge
This is the last Friday
Folder for this year.
Students do not need to
bring folders
back to school.**

Important Links

[ALLIES Website](#)

[Lunch Menus](#)

[Parent Portal](#)



PTA

Visit our [website!](#)



Do you shop on Amazon? Please consider using this [link](#) that gives back to ALLIES PTA.

[King](#)
[Soopers](#)
[Gives Back](#)

Thank you for a wonderful JOI Club year... 5th graders continue to serve others and make a difference. **Our JOI Club made the news!!!**

[Caked for a Cause](#)

Have a wonderful summer!



ALLIES Student Gifts

Introducing the STAR of the show

Grace Harper

Grace is a great actress and artist. She loves to do different voices to keep her family and friends laughing. Drawing has become an escape for her. Grace gets extremely nervous to perform in front of a crowd. She has worked hard on learning ways to calm her nerves and push through her fears.



If you're interested in having your child featured, please:

- Ask Mrs. Sandi Esparsen for a form *and* email a photo or video of your child immersed in their special talent.

Optional Donations for Teachers



Thank you to all the families that have donated items to our little school...we appreciate you!!

I Matter - Mental Health Resource

If your child has ever said, "I'm struggling. I want help," you are in the right place. The purpose of I Matter is to promote youth emotional and mental health. To begin, you will need to take a survey. Try to be honest as possible: your answers are completely confidential and will help match your child with a clinician who can best support them. No matter your responses, your child will be eligible for 3 free counseling sessions. Get started below. Children 11 or younger will need a parent or guardian to fill out the survey. If you feel your child is struggling and needs help, this is a great resource to access a mental health professional for free. Seeking support for your child is not a sign of failure—it's a sign of strength. Start by filling out the survey below.

The [I Matter program](#) has a statewide public awareness and outreach campaign that includes digital ads on platforms such as TikTok and Snapchat and on-the-ground outreach to schools and youth organizations. Both the awareness campaign and the [IMatterColorado.org](#) website were informed by youth feedback. Youth and their parents can visit the [I Matter](#) platform to take a confidential online survey about their mental health and schedule sessions with a licensed behavioral health clinician, primarily online over telehealth. All Colorado youth ages 18 or younger—or 21 and younger if receiving special education services—**are eligible to receive free services.**

State law allows youth ages 12 and up to use the platform independently; youth ages 11 and younger will need their parent or guardian's consent to sign up.

[Get connected to FREE support](#)

imattercolorado.org

National Suicide Prevention Lifeline
1-800-273-8255
or Text "START" to 741741

Colorado Crisis Center
1-844-493-8255 or
Text "TALK" to 38255

NATIONAL SUICIDE PREVENTION HOTLINE

988

CALL OR TEXT